1. How can I communicate better with ___?
2. What makes me who I am?
3. How well does my family know me?
4. How can we show kindness to one another?
5. Can we be happy and sad at the same time?
6. Can we be ___ and ___ at the same time?
7. How can I reduce my carbon footprint?
8. How can I be a positive force in my community?
9. In what ways does our local community meet the needs of ___?
10. How can I care for my body?
11. How can I be a good friend?
12. What historical figures have made a positive impact in the world?
13. How do humans change over time?
14. Does change always mean “good” or “bad”?
15. How do our choices affect our health?
16. What are my goals in life?
17. What impact does social media have on people’s lives?
18. How can I influence my friends and family positively?
19. How can a growth mindset help me?
20. How can we ensure that conflicts lead to positive change for everyone?
21. Why is it important to be resilient?
22. What characteristics make someone responsible?
23. What makes a true friend?
24. What role(s) do I play in creating my future?
25. How do our relationships with others change who we are?
26. How can I make a positive difference in the lives of others?
27. What makes a relationship healthy or unhealthy?
28. What qualities make a great leader?
29. What does success mean to me?
30. What makes a great team?
31. What makes me happy?
32. How have I changed over time?
33. What is the difference between “growing” and “aging”?
34. What will my legacy be for future generations?
35. What is the difference between a body and a spirit?
36. What qualities make someone “mature”?
37. How do we form our own unique personalities?
38. What is the difference between being old and being wise?
39. Is religion always a force for good?
40. How useful is failure in our personal development?
41. How do our bodies “work”?
42. Who are the role models in my life and why?
43. How am I connected to my past?
44. What cultures have influenced my development?
45. What historical figures have embodied what it means to be successful?
46. Why is it important to set goals?
47. How can conflict be good for relationships?
48. How can we separate what the media tells us and what we want for ourselves?
49. Why is change important?
50. Why is it important to have differences in personalities and characteristics?